### Focal laser Ablation Localized Prostate Cancer

#### Stefano Regusci Martina Martins Favre



## SIPC

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- Multidisciplinary group
- Prostate cancer management
- From AS to Radical Prostatectomy
- mpMRI and Biopsy (fusion, TP, in-bore...)
- Multi-Source Focal Therapy equipment
- Robotic surgical Techniques

## Uroradconcept

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- Prostate Cancer second opinion (patient/Prof)
- Perform Precise Dx and help ttt decision
- Help local team or relocate our
- Develop Prostate Cancer center (Dx/ttt)

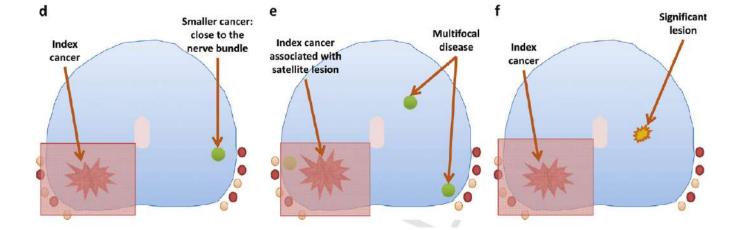
# **Focal Therapy**

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Review – Prostate Cancer

#### The Role of Focal Therapy in the Management of Localised Prostate Cancer: A Systematic Review

Massimo Valerio<sup>*a,b,c,†,\**</sup>, Hashim U. Ahmed<sup>*a,b,†*</sup>, Mark Emberton<sup>*a,b*</sup>, Nathan Lawrentschuk<sup>*d*</sup>, Massimo Lazzeri<sup>*e*</sup>, Rodolfo Montironi<sup>*f*</sup>, Paul L. Nguyen<sup>*g*</sup>, John Trachtenberg<sup>*h*</sup>, Thomas J. Polascik<sup>*i*</sup>





# The 3 pillars of Focal Therapy

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### • Target Identification (imaging)

(Precise Correlation between Biopsy and mpMRI)

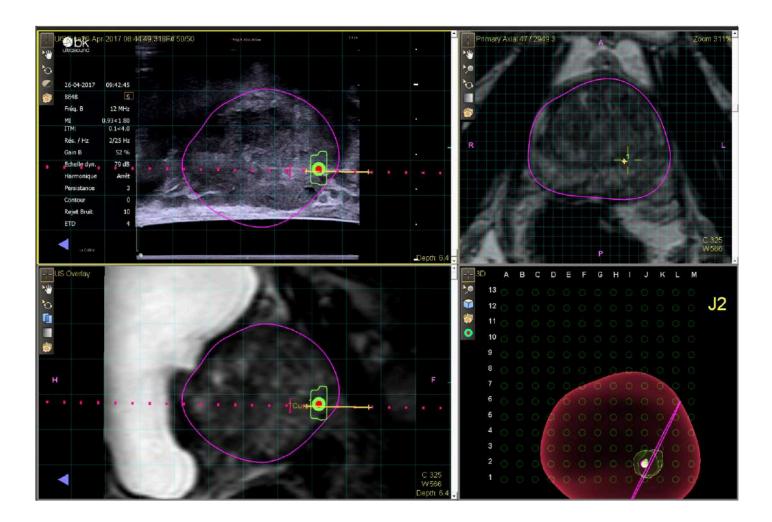
• Treatment

Control

### **MRI** Stefano Regusci SIPC

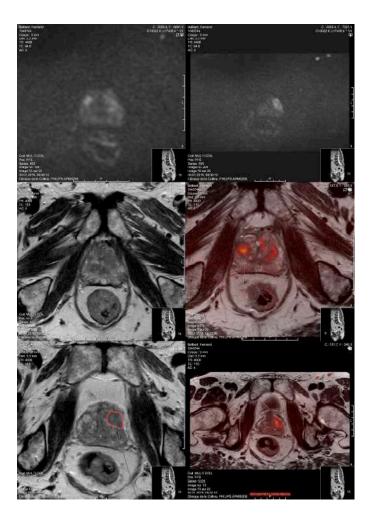


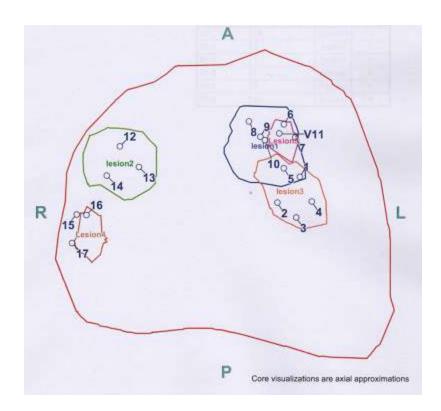
### LA TP Stefano Regusci SIPC



# Cartography

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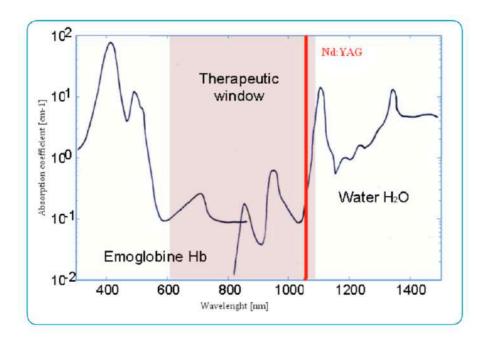
## **Fusion Focal Therapy**

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Laser (SoracteLite) Elesta **Uronav Philips** 



### **Target** Stefano Regusci SIPC



- The "Therapeutic window" is the wavelength range (λ), where light has good penetration into the tissues.
- In the therapeutic window, tissues show a low radiation absorption and consequently excellent light penetration.
- The therapeutic window is limited at a lower wavelength due to haemoglobin absorption (oxygenated HbO2 and not oxygenated Hb) and at a upper wavelength due to water absorption.

**1064** nm Nd:YAG has an excellent tissue interaction, with low radiation absorption and high light penetration.

### Laser

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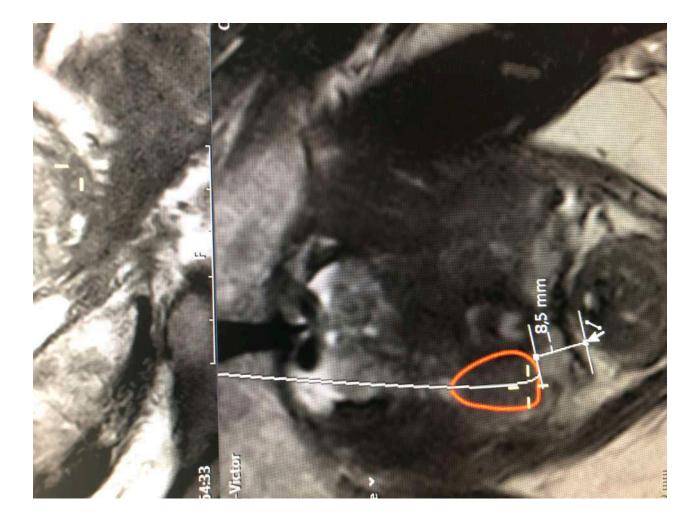
#### Laser-tissue interactions

thermal damage evaluation (area/volume) related to output-power and heat dose ("ex vivo" Porcine liver at 20°C temperature – Laser Nd:YAG – single source; plane-cut fiber)

Joules	power 4W	power 5W	power 6W
energy 600	area 0.7 cm <sup>2</sup> volume 0,3 cm <sup>3</sup>	area 1.3 cm <sup>2</sup> Volume 0.7 cm <sup>3</sup>	area: 1.4 cm <sup>2</sup> volume 0.8 (
energy 1200	area: 1.2 cm <sup>2</sup> volume 0.8 cm <sup>3</sup>	area 2.1 cm <sup>2</sup> volume 1.6 cm <sup>3</sup>	area 2.4 cm <sup>2</sup> volume 2.1 c
energy 1800	area 2.0 cm <sup>2</sup> volume 1.8 cm <sup>3</sup>	area 2.6 cm <sup>2</sup> Volume 2.4 cm <sup>3</sup>	area 27 cm <sup>2</sup> volume 2.5 c
energy 2400	area 2.2 cm <sup>2</sup> Volume 2 cm <sup>3</sup>	area 2.7 cm <sup>2</sup> Volume: 2.6 cm <sup>3</sup>	area 3.0 cm <sup>2</sup> volume 3.0 c

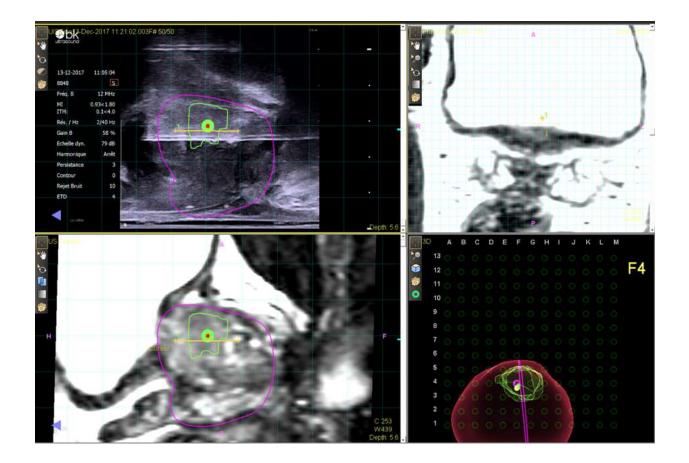
# Planning

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## **MRI/US** Fusion

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## Procedure

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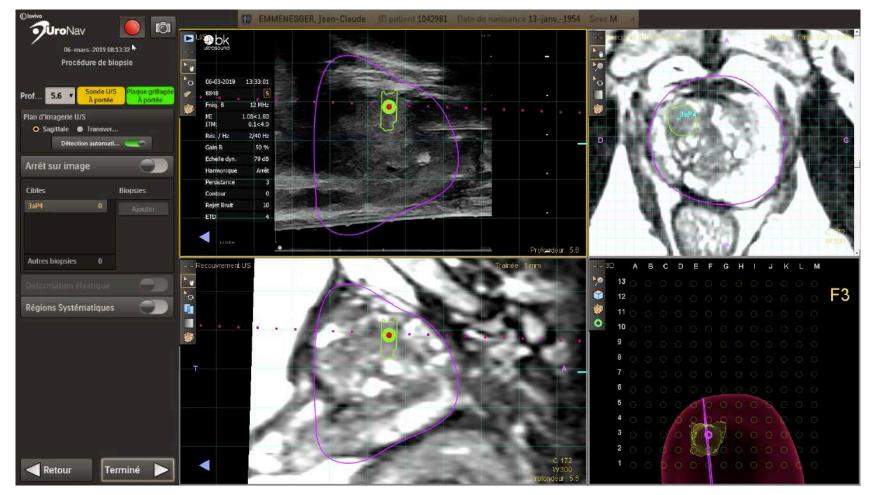
## Procedure

#### Stefano Regusci SIPC

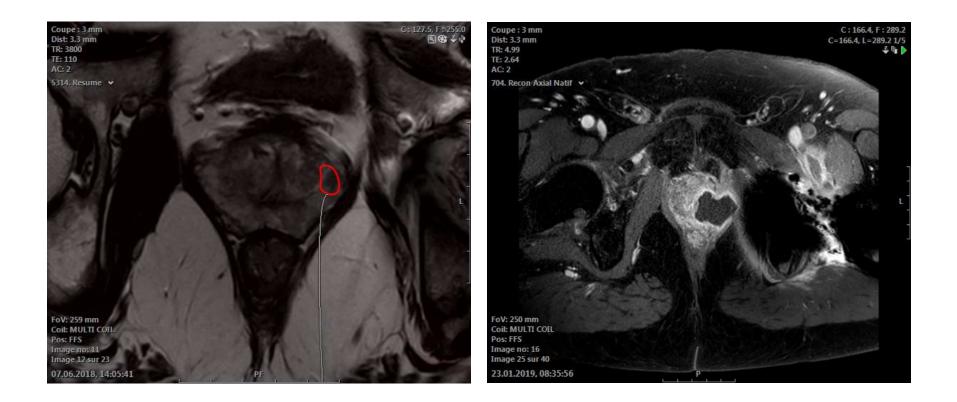


### Procedure

#### Stefano Regusci SIPC



### **Control** Stefano Regusci SIPC



### **Geneva SIPC protocol**

Months	1w	3	6	12	18	24	30	36
PSA		x	x	x	х	x	x	x
mpMRI	x			x		x		
Targeted biopsy (treated area)				x		X(if susp. orTP clin/PSA)		
Standard biopsy (untreated area)				x				
PROMs		x	x	x	x	х	x	х

PROMs used: IPSS, IIEF-5, EORTC QLQ-C30 and QLQ-PR25

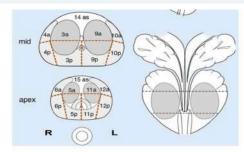
## Registry



TOR VERGATA

**FLA Prostate** 

#### **REGISTRY FLA PROSTATE**



Insert Dickinson sectors according to the image above

QoL-IPSS-IIEF

 QoL (Quality of Life)

 0
 1
 2
 3
 4
 5
 6

IPSS (PC) YES/SI NO

HEF (PC)

#### **REGISTRY FLA PROSTATE**

Home Staff N	lews and Press	References	Contacts and Access request	Documents
Registry/Registro				
Scientific Director				
Prof. GUGLIELMO	MANENTI			
Scientific Advisors				
Prof. Leonardo Pal				
Dr. Stefano Regusc	21			
Scientific P.O.C				
Colleen P. Ryan, MI	2			
STAFF				
• Dr. Tommaso l	Perretta			
• Dr. Andrea Ma	lizia			
• Dr. Martina Ma	artins			
• Dr. Emanuele	Caredda			
Prof. Nicola To	oschi			
<ul> <li>Dr. Andrea Due</li> </ul>	agento			

## Conclusions

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Efficient

### Flexible (TP, MRI)

LA/GA

Repeat ttt/ Salvage

Urinary and sexual function preservation

## Conclusions

Stefano Regusci SIPC

Offer flexible Dx/ttt Prostatic cancer

Personalized approach

Help in planning ttt/energy, software...

Help in monitoring ttt