Focal laser Ablation Localized Prostate Cancer

Stefano Regusci Martina Martins Favre



SIPC

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- Multidisciplinary group
- Prostate cancer management
- From AS to Radical Prostatectomy
- mpMRI and Biopsy (fusion, TP, in-bore...)
- Multi-Source Focal Therapy equipment
- Robotic surgical Techniques

Uroradconcept

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- Prostate Cancer second opinion (patient/Prof)
- Perform Precise Dx and help ttt decision
- Help local team or relocate our
- Develop Prostate Cancer center (Dx/ttt)

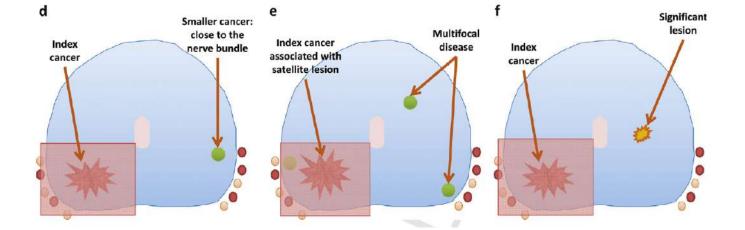
Focal Therapy

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Review – Prostate Cancer

The Role of Focal Therapy in the Management of Localised Prostate Cancer: A Systematic Review

Massimo Valerio^{*a,b,c,†,**}, Hashim U. Ahmed^{*a,b,†*}, Mark Emberton^{*a,b*}, Nathan Lawrentschuk^{*d*}, Massimo Lazzeri^{*e*}, Rodolfo Montironi^{*f*}, Paul L. Nguyen^{*g*}, John Trachtenberg^{*h*}, Thomas J. Polascik^{*i*}





The 3 pillars of Focal Therapy

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• Target Identification (imaging)

(Precise Correlation between Biopsy and mpMRI)

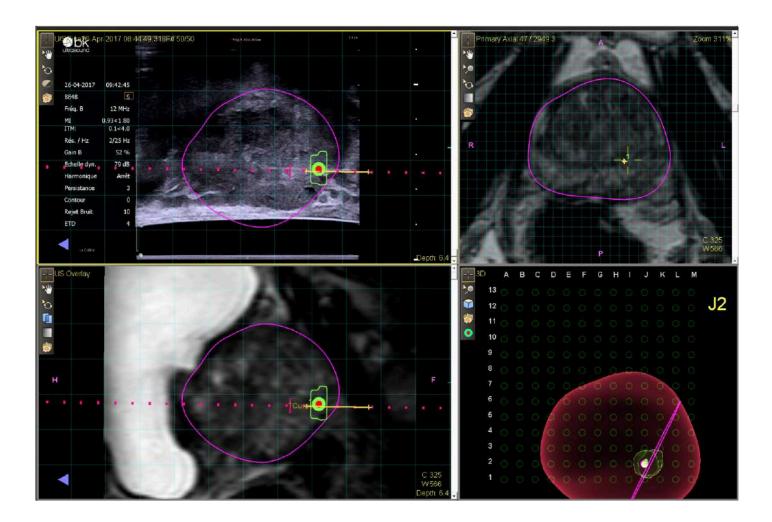
• Treatment

Control

MRI Stefano Regusci SIPC

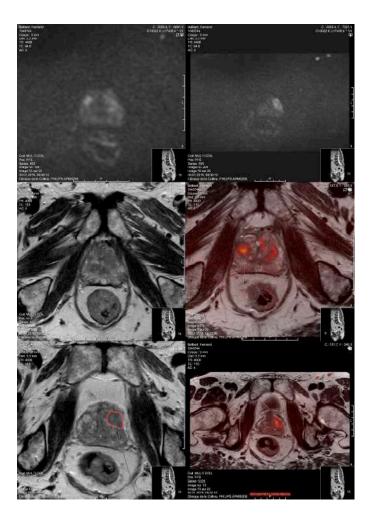


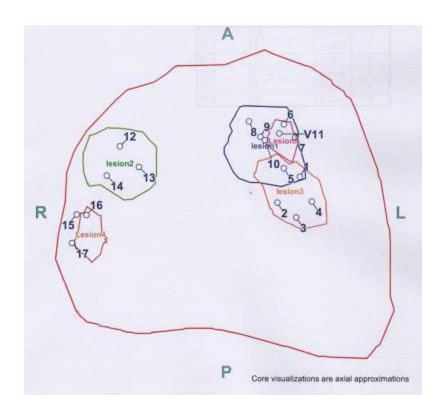
LA TP Stefano Regusci SIPC



Cartography

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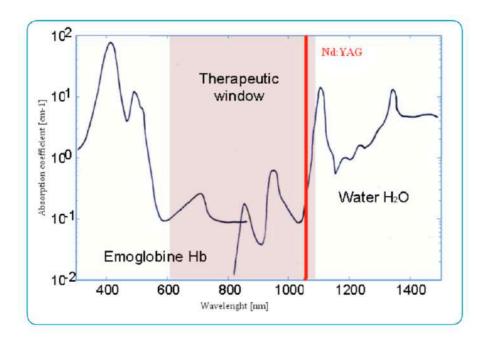
Fusion Focal Therapy

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Laser (SoracteLite) Elesta **Uronav Philips**



Target Stefano Regusci SIPC



- The "Therapeutic window" is the wavelength range (λ), where light has good penetration into the tissues.
- In the therapeutic window, tissues show a low radiation absorption and consequently excellent light penetration.
- The therapeutic window is limited at a lower wavelength due to haemoglobin absorption (oxygenated HbO2 and not oxygenated Hb) and at a upper wavelength due to water absorption.

1064 nm Nd:YAG has an excellent tissue interaction, with low radiation absorption and high light penetration.

Laser

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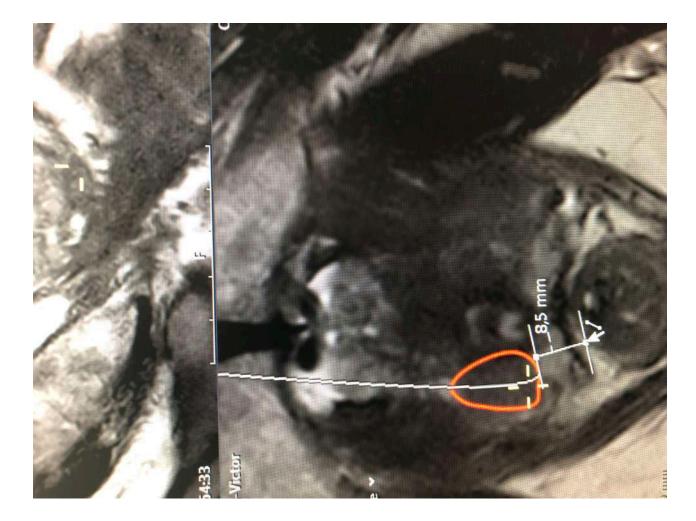
Laser-tissue interactions

thermal damage evaluation (area/volume) related to output-power and heat dose ("ex vivo" Porcine liver at 20°C temperature – Laser Nd:YAG – single source; plane-cut fiber)

Joules	power 4W	power 5W	power 6W
energy 600	area 0.7 cm ² volume 0,3 cm ³	area 1.3 cm ² Volume 0.7 cm ³	area: 1.4 cm ² volume 0.8 (
energy 1200	area: 1.2 cm ² volume 0.8 cm ³	area 2.1 cm ² volume 1.6 cm ³	area 2.4 cm ² volume 2.1 c
energy 1800	area 2.0 cm ² volume 1.8 cm ³	area 2.6 cm ² Volume 2.4 cm ³	area 27 cm ² volume 2.5 c
energy 2400	area 2.2 cm ² Volume 2 cm ³	area 2.7 cm ² Volume: 2.6 cm ³	area 3.0 cm ² volume 3.0 c

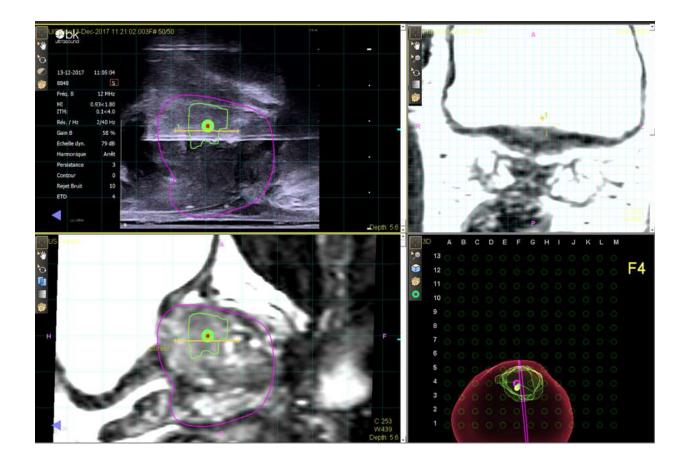
Planning

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MRI/US Fusion

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Procedure

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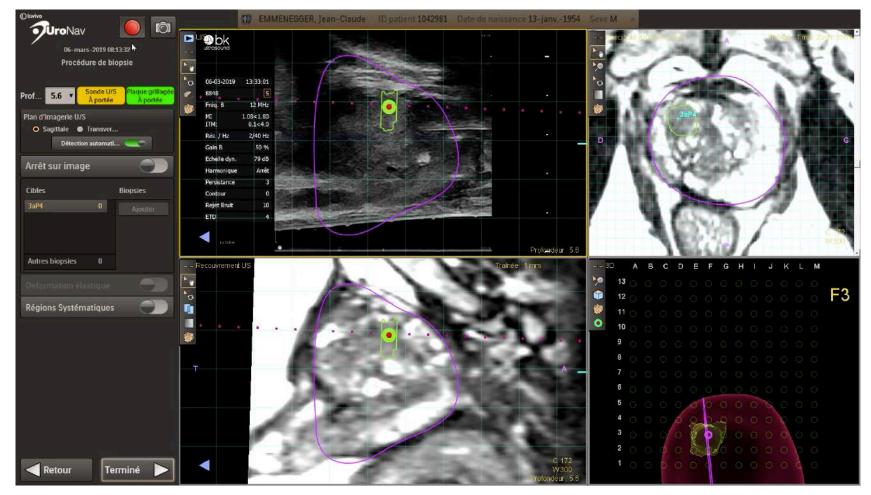
Procedure

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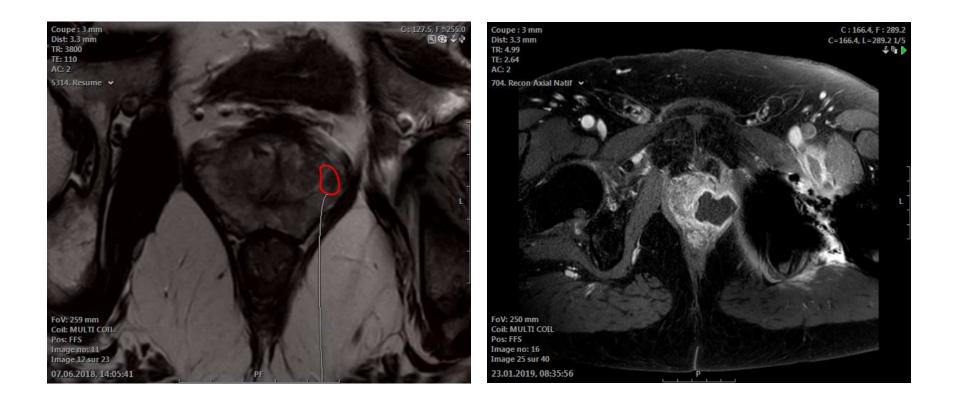


Procedure

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Control Stefano Regusci SIPC



Geneva SIPC protocol

Months	1w	3	6	12	18	24	30	36
PSA		x	x	x	х	x	x	x
mpMRI	x			x		x		
Targeted biopsy (treated area)				x		X(if susp. orTP clin/PSA)		
Standard biopsy (untreated area)				x				
PROMs		x	x	x	x	х	x	х

PROMs used: IPSS, IIEF-5, EORTC QLQ-C30 and QLQ-PR25

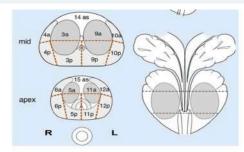
Registry



TOR VERGATA

FLA Prostate

REGISTRY FLA PROSTATE



Insert Dickinson sectors according to the image above

QoL-IPSS-IIEF

 QoL (Quality of Life)

 0
 1
 2
 3
 4
 5
 6

IPSS (PC) YES/SI NO

HEF (PC)

REGISTRY FLA PROSTATE

Home Staff N	lews and Press	References	Contacts and Access request	Documents
Registry/Registro				
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 Dr. Andrea Due 	agento			

Conclusions

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Efficient

Flexible (TP, MRI)

LA/GA

Repeat ttt/ Salvage

Urinary and sexual function preservation

Conclusions

Stefano Regusci SIPC

Offer flexible Dx/ttt Prostatic cancer

Personalized approach

Help in planning ttt/energy, software...

Help in monitoring ttt